

# A Comprehensive Narrative of the Evolution of Historiography of Nationalism Struggle in Colonial Kenya and Its Influence to Kenya's Independence in 1963.

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**Abstract:** Historiography of nationalism have played a significant role in shaping Kenyan communities resisted colonial rule and sought to assert their independence. Limited research has been done to specifically look into historiography of nationalism as a factor causing Kenyan communities resisted colonial rule and sought to assert their independence. This article examined the evolution of Kenyan nationalism through various phases. The study sought to fill this gap by examining how historiography of nationalism influenced Kenyan communities' resistance to colonial rule and sought to assert their independence. This was achieved by focusing on the following specific objectives: to discuss the role of historiography of nationalism on Kenyan communities resisted colonial rule and sought to assert their independence. To examine the Role of Trade Unions in Nationalism, army struggle, Formation of Nationalist Political Parties, Indigenous Cultures, Role of Education and Literature, Tribal Political Organizations (Emergence of Ethnic-Based Associations). The study was guided by the theory of dependency & underdevelopment and Marxist Theory which provided an analytical framework for understanding the Kenyan historiography of nationalism development. A case study research design was employed on historiography of nationalism that moved the Kenyan communities to resist colonial rule and sought to assert their independence. The study utilized qualitative methods, including interviews, observation, focus group discussions, and document analysis, to gather rich insights from social, political and economic leaders and historical records. Sampling was purposive, targeting individuals who had direct experience of the historiography of nationalism. Data was analyzed thematically to identify patterns and trends in the historiography of nationalism contributed to Kenyan communities to resist colonial rule and sought to assert their independence. The findings of this study will contribute to the broader discourse on politics and economics circles. The research will serve as a valuable reference for future studies on the intersection of geographical social, political and economic development in Kenya.

## **Definition of Key terms**

**Historiography** the writing of History, especially the writing of history based on the critical examination of sources, the selection of particular details from the authentic materials in those sources, and the synthesis of those details into a narrative that stands the test of critical examination. The term historiography also refers to the theory and history of historical writing.

**Nationalism** is an ideology or movement that holds that the nation should be congruent with the state. As a movement, it presupposes the existence and tends to promote the interests of a particular nation, especially with the aim of gaining and maintaining its sovereignty (self-determination) over its perceived homeland to create a nation-state. It holds that the nation should govern itself, free from outside interference (self-governance), that a nation is a natural and ideal basis for a polity and that the nation is the only rightful source of political power. It further aims to build and maintain a single national identity, based on a combination of shared social characteristics such as culture, ethnicity, homeland, language, politics (or government), religion, traditions or belief in a shared singular history and to promote national unity or solidarity.

**Colonialism** control by one power over a dependent area or people. It occurs when one nation takes control of another for benefits such as resources. Often, they force their language and culture on the locals

## I. Introduction

The historiography of nationalism in colonial Kenya is a rich and complex field that explores the various ways in which Kenyan communities resisted colonial rule and sought to assert their independence. There are various definitions of a "nation", which leads to different types of nationalism. The two main divergent forms are ethnic nationalism and civic nationalism. This article examines the evolution of Kenyan nationalism through various phases, including initial military resistance, the formation of tribal political organizations, cultural nationalism, the rise of political parties, armed struggles, and the role of trade unions. The analysis highlights the interplay between these movements and the broader context of colonial repression and global anti-colonial sentiments.

## II. Initial Military Resistance

### 2.1 Early Resistance Movements

The dawn of colonial rule in Kenya was met with fierce opposition from various indigenous communities. This initial phase of resistance was characterized by localized military confrontations between Kenyan ethnic groups and British colonial forces. The decentralized nature of pre-colonial Kenyan societies meant that these resistance efforts were often sporadic and uncoordinated on a national scale (Ochieng, 1985).

One of the most notable early resistance movements was the Nandi resistance, which lasted from 1895 to 1905. Led by the charismatic leader Koitalel Arap Samoei, the Nandi people fiercely opposed British encroachment into their territory. Samoei, revered as both a political and spiritual leader, organized a decade-long guerrilla campaign against the colonial forces. The Nandi's effective use of terrain and guerrilla tactics posed a significant challenge to British expansion in the region (Matson, 1972). Another significant uprising was the Giriama resistance of 1913-1914, led by Mekatilili wa Menza. Mekatilili, a woman leader, mobilized her people against British colonial policies that threatened Giriama culture and autonomy. Her resistance movement was unique in its use of cultural and spiritual elements to rally support, demonstrating the diverse forms that anti-colonial resistance could take (Brantley, 1981).

These early resistance movements were driven by a complex set of grievances. Land dispossession was a primary concern, as colonial authorities sought to appropriate fertile lands for European settlement. Forced labour policies, implemented to support colonial economic ventures, were another source of resentment. Also, the imposition of new tax systems, alien to traditional economic structures, further fuelled anti-colonial sentiment (Anderson, 2005).

### 2.2 Suppression and Aftermath

Despite the courage and tactical ingenuity displayed by these early resisters, the overwhelming military superiority of the British forces ultimately led to the suppression of these uprisings. The British employed a combination of advanced weaponry, superior logistics, and divide-and-rule tactics to quell resistance. The defeat of Koitalel Arap Samoei in 1905, achieved through treachery, marked a significant blow to organized military resistance in Kenya (Ogot, 1995).

The failure of outright military resistance did not, however, signal the end of anti-colonial sentiment. Instead, it prompted a strategic shift in how Kenyans approached their struggle for autonomy. Communities began to explore

alternative avenues of resistance that were less confrontational but potentially more effective in the long term (Tignor, 2015).

In the aftermath of these military defeats, new forms of resistance began to emerge. The early 20th century saw the rise of political associations and welfare organizations. These groups, while often operating within the colonial legal framework, provided platforms for articulating grievances and fostering a sense of national identity. The East African Association, founded in 1921, was one such organization that marked the beginning of more organized, territory-wide political activity (Ochieng, 1995). Another crucial development in the aftermath of military suppression was the increased emphasis on education and cultural preservation. Many Kenyans recognized that acquiring Western education could provide tools for more effective resistance. Simultaneously, efforts to preserve and promote indigenous cultural practices became a form of passive resistance against cultural imperialism (Njoroge, 2011).

While the initial phase of military resistance in Kenya was ultimately suppressed, it played a crucial role in shaping the trajectory of Kenya's anti-colonial struggle. The courage and sacrifice of early resisters like Koitalel Arap Samoei and Mekatilili wa Menza laid the groundwork for future generations of freedom fighters. The lessons learned from these early confrontations informed the development of new, more diverse forms of resistance that would eventually lead to Kenya's independence.

### **III. Tribal Political Organizations**

#### **3.1 Emergence of Ethnic-Based Associations**

In the wake of the initial military resistances against British colonial rule, which were brutally suppressed, Kenyan communities sought alternative means of asserting their rights and addressing their grievances. The establishment of tribal political organizations in the early 20th century marked a significant shift in the nationalist struggle. These organizations were primarily ethnic-based, reflecting the fragmented and localized nature of early Kenyan nationalism.

The Kikuyu Association, formed in 1920, was one of the earliest and most prominent of these ethnic-based organizations. It was established to protect Kikuyu land rights, which had been severely undermined by colonial land policies that favoured European settlers. The association sought to resist the forced alienation of Kikuyu land, a practice that had intensified with the establishment of the "White Highlands," an area designated exclusively for European settlement (Berman, 1974). The Kikuyu Association mobilized local support through traditional structures and was instrumental in articulating the community's opposition to colonial policies.

Similar organizations emerged among other ethnic groups, such as the Luo Union and the Ukamba Members Association. The Luo Union, for instance, was formed to address the economic and social concerns of the Luo people, particularly in relation to labor migration and the exploitation of Luo workers in urban centers and on settler farms. The Ukamba Members Association, representing the Kamba community, focused on issues such as land rights and taxation. These organizations often used petitions, meetings with colonial officials, and legal channels to press for their demands (Ogot, 1995).

Despite their regional and ethnic focus, these organizations shared common grievances related to land, labour, and taxation. They laid the groundwork for the emergence of a broader nationalist movement by providing a platform for political engagement and leadership development within their respective communities. However, their narrow focus on specific ethnic interests often limited their ability to mobilize a united front against colonial rule (Lonsdale, 1992).

#### **3.2 Limitations and Achievements**

While tribal political organizations played a crucial role in the early stages of Kenyan nationalism, their effectiveness was constrained by several factors. The most significant limitation was their narrow ethnic focus, which prevented them from achieving the broad-based support necessary for a unified nationalist movement. The colonial government, recognizing this weakness, deliberately exploited ethnic divisions to weaken these organizations and maintain control over the colony. The policy of "divide and rule" was a cornerstone of British

colonial strategy, aimed at preventing the emergence of a cohesive and effective nationalist movement that could challenge colonial authority (Lonsdale, 1992).

The ethnic-based nature of these organizations also led to internal divisions and rivalries that further fragmented the nationalist movement. For example, the Kikuyu Association, while influential in its early years, faced competition from other Kikuyu organizations, such as the Young Kikuyu Association and the Kikuyu Central Association, which emerged in the 1920s and 1930s. These organizations often had differing approaches and priorities, leading to factionalism within the Kikuyu community (Berman, 1990).

Similarly, the Luo Union and the Ukamba Members Association operated largely independently of each other, focusing on the specific concerns of their respective communities rather than collaborating on a broader nationalist agenda. Despite these limitations, the tribal political organizations achieved notable successes in articulating the grievances of their communities and in laying the groundwork for future nationalist mobilization. They provided a platform for political engagement and leadership development, helping to nurture a new generation of African leaders who would later play key roles in the struggle for independence. Jomo Kenyatta, for example, who would later become the leader of the Kenya African Union (KAU) and Kenya's first president, began his political career as a member of the Kikuyu Central Association. His involvement in these early political organizations provided him with valuable experience in political mobilization and negotiation (Kenyatta, 1965).

Moreover, these organizations helped to keep the flame of resistance alive during a period when direct military confrontation with the colonial authorities was no longer viable. By engaging in legal and political advocacy, they maintained pressure on the colonial government and kept alive the hope of eventual self-determination. The petitions and memoranda they submitted to colonial authorities, while often unsuccessful in achieving immediate changes, documented the widespread dissatisfaction with colonial rule and laid the foundation for the broader nationalist movements that would emerge in the 1940s and 1950s (Ogot, 1995).

#### **IV. Cultural Nationalism**

##### **4.1 Revival of Indigenous Cultures**

Cultural nationalism in colonial Kenya was a critical aspect of the broader nationalist movement, as it sought to revive and promote indigenous African cultures that had been marginalized or distorted under colonial rule. This phase of nationalism was not merely a response to political and economic oppression but also a reaction to the cultural alienation imposed by the colonial administration. Colonial authorities often portrayed African cultures as inferior and backward, using this narrative to justify their dominance. In response, Kenyan nationalists began to emphasize the value and richness of indigenous cultures as a means of resisting colonial hegemony and reclaiming African identity (Ngugi wa Thiong'o, 1986).

One of the most prominent figures in the cultural nationalist movement was Jomo Kenyatta, whose work "Facing Mount Kenya" (1938) is a seminal text in the discourse of cultural nationalism. In this work, Kenyatta provided a detailed account of Kikuyu traditions, customs, and social structures, arguing that these practices were not only valid but also possessed intrinsic value that had been undermined by colonial rule. Kenyatta's emphasis on the importance of Kikuyu traditions was part of a broader effort to counter the colonial narrative that sought to portray African cultures as primitive and to promote the idea that European culture was superior (Kenyatta, 1965).

Kenyatta's work was not just an anthropological study; it was a political statement aimed at challenging the colonial ideology and affirming the dignity of African cultures. Similar efforts to revive indigenous cultures were undertaken by leaders and intellectuals from other communities. Among the Luo, for example, there was a concerted effort to preserve oral traditions, music, and dances that were central to Luo identity. The Kamba community also sought to protect and promote their cultural heritage, particularly in the face of colonial efforts to disrupt traditional governance structures and impose Western norms. These efforts were not merely about preserving the past; they were about creating a sense of pride and identity that could serve as a foundation for resistance against colonial rule (Ogot, 1995).

Cultural nationalism in Kenya was also reflected in the resurgence of traditional practices and symbols as expressions of resistance. For instance, traditional ceremonies and rituals were revived as acts of defiance against colonial efforts to Christianize and Westernize Kenyan society. This cultural revival was not just about looking

backward but was also about redefining Kenyan identity in a way that was distinct from the colonial culture imposed upon them. This reassertion of cultural identity played a crucial role in fostering a sense of unity and purpose among different Kenyan communities, laying the groundwork for the political mobilization that would follow (Lonsdale, 1992).

#### **4.2 Role of Education and Literature**

The role of education and literature in the cultural nationalist movement in Kenya was pivotal in shaping the consciousness of the African elite and the broader population. Although missionary schools were initially established by the colonial authorities as tools of indoctrination, aimed at inculcating Western values and Christian beliefs, they inadvertently became spaces where African students were exposed to ideas of self-determination and cultural pride. These schools produced a generation of African intellectuals who were able to critique colonialism and articulate a vision of a free and culturally autonomous Kenya (Ngugi wa Thiong'o, 1986).

One of the most significant contributions to cultural nationalism came from literature, which became a powerful in expressing anti-colonial sentiments and for promoting African cultural identity. Jomo Kenyatta's "Facing Mount Kenya" is perhaps the most well-known example of this trend. In this book, Kenyatta not only documented Kikuyu traditions but also used them to critique colonial rule. He argued that the colonial administration's disregard for African customs was part of a broader strategy to undermine African societies and practising these traditions was essential for the restoration of African dignity and autonomy (Kenyatta, 1965).

The publication of African literature during this period served as a counter-narrative to the colonial discourses that sought to dehumanize and marginalize African people. Writers like Ngugi wa Thiong'o later continued this tradition, using literature to explore the impacts of colonialism on African societies & advocated for cultural & political liberation. Ngugi's work, such as "Decolonising the Mind" (1986), argued that the imposition of the English language and Western literature in African schools was a form of cultural imperialism so needed resistance. He called for the use of African languages in education and literature as a way to reclaim African cultural identity and to resist colonial domination (Ngugi wa Thiong'o, 1986).

Education also played a crucial role in the dissemination of nationalist ideas among the broader population. Missionary and colonial schools, while promoting Western education, also inadvertently provided African students with the tools to critique colonialism. Educated Africans began to form associations and societies to discuss ideas of nationalism and cultural revival. These groups often used the limited political spaces available to them, such as churches and community organizations, to advocate for cultural and political reforms (Ogot, 1995).

### **V. Political Parties**

#### **5.1 Formation of Nationalist Political Parties**

The 1940s and 1950s marked a significant shift in Kenya's political landscape, characterized by the emergence of nationalist political parties that sought to transcend ethnic boundaries and unite various groups under a common cause. This development represented a crucial evolution from the earlier tribal political organizations, signalling a more cohesive approach to the struggle for independence (Ogot & Ochieng, 1995).

The Kenya African Union (KAU), founded in 1944, stands out as a pivotal organization in this period. It was the first political party to explicitly demand independence for Kenya, marking a clear departure from the more moderate stance of earlier associations. Under the charismatic leadership of Jomo Kenyatta, who became its president in 1947, KAU sought to mobilize mass support for the nationalist cause across ethnic lines. Kenyatta, who had spent considerable time in Europe and was well-versed in international politics, brought a new level of sophistication to the party's strategies (Kenyatta, 1968).

KAU's approach was multifaceted. On one hand, it engaged in negotiations with the colonial government, pushing for constitutional reforms that would increase African representation and pave the way for self-governance. On the other hand, it worked to build a grassroots movement, organizing rallies, and using the press to disseminate its message. This dual strategy of negotiation and mobilization proved effective in raising political consciousness among Kenyans and putting pressure on the colonial authorities (Anderson, 2005).

The party also played a crucial role in articulating a vision of an independent Kenya. It advocated for land reform, universal education, and economic development, issues that resonated across ethnic and regional divides. By addressing these common grievances, KAU was able to appeal to a broad spectrum of Kenyan society, from rural farmers to urban workers and intellectuals (Ochieng', 1995).

However, the formation of nationalist parties did not occur in isolation. It was influenced by global events, particularly the aftermath of World War II, which saw a wave of decolonization movements across Africa and Asia. The success of independence movements in countries like India provided both inspiration and practical lessons for Kenyan nationalists. Moreover, the Atlantic Charter of 1941, which affirmed the right of all peoples to choose their own government, provided a moral and legal basis for demands for self-determination (Ogot, 2003).

## **5.2 Challenges and Achievements**

The nationalist political parties faced numerous challenges in their quest for independence. One of the most significant was the repression by colonial authorities. The colonial government, alarmed by the growing strength of the nationalist movement, often resorted to heavy-handed tactics to suppress it. This repression reached its peak with the declaration of a State of Emergency in 1952, which led to the banning of KAU and the arrest of its leaders, including Jomo Kenyatta (Berman & Lonsdale, 1992).

The arrest of KAU's leadership coincided with the outbreak of the Mau Mau Uprising, a violent rebellion against colonial rule primarily centered in the Kikuyu areas of central Kenya. While the relationship between KAU and Mau Mau remains a subject of historical debate, the uprising and the subsequent brutal colonial response significantly impacted the nationalist movement. On one hand, it demonstrated the depth of anti-colonial sentiment and the willingness of some Kenyans to resort to armed struggle. It also led to increased repression and complicated the nationalist parties' efforts to negotiate with the colonial government (Elkins, 2005).

Internal divisions also posed a significant challenge to the nationalist movement. Despite efforts to create a unified front, ethnic and ideological differences often surfaced, threatening to fragment the movement. These divisions became particularly apparent in the late 1950s and early 1960s, as independence seemed increasingly imminent and different factions began to position themselves for power in a post-colonial Kenya (Ogot & Ochieng, 1995). Despite these challenges, the nationalist parties achieved significant successes. The establishment of the Kenya African National Union (KANU) in 1960 marked a new phase in the struggle for independence. KANU, which brought together a broad coalition of ethnic groups and political factions, was able to present a more united front in negotiations with the colonial government. Led by Jomo Kenyatta, who was released from detention in 1961, KANU successfully navigated the final stages of the independence process (Berman & Lonsdale, 1992).

KANU's success was due in part to its ability to balance competing interests within the nationalist movement. It managed to incorporate both moderate and radical elements, and to appeal to both rural and urban constituencies. The party also benefited from the changing international context, with increasing pressure on Britain to grant independence to its colonies (Ogot, 2003).

The culmination of these efforts came on December 12, 1963, when Kenya gained independence with Jomo Kenyatta as its first prime minister. This achievement was the result of years of struggle, negotiation, and mobilization by nationalist parties. While the post-independence period would bring its own challenges, the success of the nationalist movement in achieving independence represented a significant victory and a turning point in Kenya's history (Ochieng', 1995).

## **VI. Armed Struggles**

### **6.1 The Mau Mau Uprising**

The Mau Mau Uprising, which took place between 1952 and 1960, stands as the most significant and intense armed struggle against British colonial rule in Kenya. This uprising was primarily driven by the Kikuyu ethnic group, who were deeply aggrieved by the loss of their ancestral lands to European settlers. The movement's roots can be traced back to the early 20th century, as land alienation, economic exploitation, and social oppression fuelled widespread discontent among the Kikuyu and other indigenous communities. By the early 1950s, this

discontent had reached a boiling point, culminating in the Mau Mau rebellion, which sought to reclaim lost lands and achieve independence through violent resistance (Elkins, 2005).

The Mau Mau fighters, often referred to as "freedom fighters," adopted guerrilla warfare tactics, which included surprise attacks, sabotage, and ambushes aimed at both colonial installations and those Africans perceived as collaborators with the colonial regime. The movement was marked by a high level of organization, with fighters taking oaths of allegiance to the cause, a practice that was rooted in Kikuyu cultural traditions but also adapted to the context of anti-colonial resistance. The British colonial administration, alarmed by the ferocity and scale of the uprising, declared a state of emergency in 1952, unleashing a brutal counter-insurgency campaign that would leave deep scars on Kenyan society (Anderson, 2005).

The colonial government's response to the Mau Mau Uprising was characterized by widespread repression. The British authorities employed a range of draconian measures, including mass detentions, forced relocations, and the establishment of "rehabilitation" camps where suspected Mau Mau sympathizers were subjected to harsh conditions and brutal treatment. The counter-insurgency campaign also involved the systematic destruction of Kikuyu villages, the confiscation of livestock, and the imposition of collective punishments on entire communities. The use of aerial bombardments, scorched-earth tactics, and extrajudicial killings further highlighted the lengths to which the colonial government was willing to go to suppress the uprising (Elkins, 2005). The human cost of the Mau Mau Uprising was staggering. Tens of thousands of Kikuyu were killed, and hundreds of thousands were detained in camps where torture, starvation, and disease were rampant. The psychological and social impact of the uprising on the Kikuyu community was profound, with deep divisions and traumas that would take generations to heal. Despite the ferocity of the British response, the Mau Mau fighters maintained their resistance for several years, demonstrating an extraordinary level of resilience and commitment to the cause of independence. The Mau Mau Uprising, although ultimately suppressed, played a crucial role in shaping the trajectory of Kenya's struggle for independence and left an indelible mark on the nation's history (Elkins, 2005).

## **6.2 Impact on the Independence Movement**

While the Mau Mau Uprising was brutally suppressed by the British colonial authorities, its impact on the Kenyan independence movement was profound and far-reaching. The uprising exposed the inherent weaknesses and contradictions of colonial rule, particularly the reliance on coercion and violence to maintain control over a restive population. The scale and intensity of the Mau Mau rebellion demonstrated the depth of Kenyan resistance to colonial domination and forced the British government to reconsider its colonial policies in Kenya and across its empire (Anderson, 2005).

One of the most significant impacts of the Mau Mau Uprising was its role in galvanizing the broader nationalist movement in Kenya. The uprising, despite being largely confined to the Kikuyu, Embu, and Meru communities, highlighted the urgent need for a unified and coordinated struggle for independence. The Mau Mau's use of guerrilla tactics and their willingness to resort to violence to achieve their goals challenged the more moderate nationalist leaders, who had previously advocated for constitutional reforms and peaceful negotiations with the colonial authorities. The repression that followed the uprising also served to radicalize segments of the population that had previously been ambivalent or passive, creating a broader base of support for the independence movement (Elkins, 2005).

Internationally, the Mau Mau Uprising drew significant attention to the plight of the Kenyan people and the brutality of British colonial rule. Reports of mass detentions, torture, and extrajudicial killings sparked outrage in Britain and other parts of the world, leading to increased scrutiny of British colonial practices. The global anti-colonial movement, which was gaining momentum in the post-World War II era, found in Kenya's struggle a powerful example of the injustices of colonialism. The British government, facing mounting pressure both domestically and internationally, began to recognize that the cost of maintaining its empire in Kenya was becoming unsustainable (Anderson, 2005).

The Mau Mau Uprising also had a direct impact on the pace and nature of Kenya's transition to independence. The colonial administration's brutal response to the uprising discredited the notion that Kenya could be governed indefinitely through repression and coercion. The realization that the colonial state could not defeat the aspirations

of the Kenyan people for self-determination led to a gradual shift in British policy towards decolonization. The British government, under pressure from both the Kenyan nationalist movement and international opinion, began to engage in negotiations with African leaders, paving the way for the eventual transfer of power (Elkins, 2005). In the years following the suppression of the Mau Mau Uprising, the British government initiated a series of constitutional reforms aimed at preparing Kenya for independence. These reforms included the expansion of African representation in the Legislative Council, the relaxation of restrictions on political activity, and the eventual release of political prisoners, including Jomo Kenyatta, who had been imprisoned during the emergency. The momentum generated by the Mau Mau Uprising made it increasingly difficult for the British to justify continued colonial rule, and by 1963, Kenya had achieved independence, with Jomo Kenyatta becoming the country's first prime minister and later its first president (Anderson, 2005).

## **VII. Trade Unions**

### **7.1 Role of Trade Unions in Nationalism**

Trade unions in colonial Kenya played a critical role in the nationalist movement, particularly in the years leading up to independence. These unions emerged as powerful platforms for mobilizing the working class, advocating for labour rights, and challenging the exploitative practices of the colonial government. The trade union movement in Kenya was not just about labour issues; it was deeply intertwined with the broader struggle for political and social justice. By organizing workers, leading strikes, and forming alliances with nationalist political parties, trade unions significantly contributed to the dismantling of colonial rule (Mboya, 1963).

The Kenya Federation of Labour (KFL), under the leadership of Tom Mboya, was at the forefront of this movement. Mboya, a charismatic and articulate leader, recognized the potential of trade unions to serve as vehicles for political mobilization. He used the KFL to build a broad-based labour movement that went beyond addressing workers' immediate grievances. Mboya and other trade union leaders saw the fight for better wages and working conditions as inseparable from the struggle for national independence. They understood that improving the economic conditions of workers was essential for building a strong, united, and self-reliant nation (Mboya, 1963; Ndegwa, 1997).

The trade unions employed various strategies to achieve their goals, including organizing strikes, demonstrations, and boycotts. These actions often brought the economy to a standstill, forcing the colonial authorities to negotiate with the unions. One of the most notable strikes was the general strike of 1950, which was a coordinated effort by multiple unions and sectors. This strike highlighted the growing power of the labour movement and its ability to challenge colonial authority. The unions also used their influence to push for political reforms, such as greater representation for Africans in the colonial government and the eventual dismantling of colonial rule (Berman & Lonsdale, 1992).

In addition to their direct actions, trade unions played a crucial role in raising political consciousness among the urban working class. They provided a platform for workers to engage in political discussions, access information, and develop leadership skills. Many of the leaders who later played prominent roles in Kenya's post-independence government, including Tom Mboya himself, honed their political acumen within the trade union movement. The unions thus served as training grounds for the future leaders of the nation, equipping them with the skills and experience needed to navigate the challenges of independence (Ochieng', 1995).

### **7.2 Achievements and Challenges**

The achievements of Kenya's trade unions during the nationalist period were substantial, particularly in terms of improving workers' rights and conditions. Through persistent advocacy and industrial action, the unions succeeded in securing better wages, reduced working hours, and improved working conditions for many Kenyan workers. These gains were not just economic; they also had significant social and political implications. By improving the livelihoods of workers, the trade unions contributed to the broader goal of creating a more equitable and just society. The unions also played a key role in elevating the political awareness of the working class, helping to transform workers from passive subjects of colonial rule into active participants in the struggle for independence (Ndegwa, 1997).

However, the trade unions faced numerous challenges in their fight for workers' rights and independence. One of the most significant challenges was repression by the colonial authorities. The British colonial government viewed the trade unions as a threat to its control and frequently employed harsh measures to suppress union activities. Union leaders were often arrested, strikes were violently broken up, and unions were subjected to strict regulations that limited their ability to operate. The colonial authorities also sought to undermine the unions by promoting divisions within the labour movement, often along ethnic lines, to prevent the emergence of a united front (Berman & Lonsdale, 1992).

Despite these obstacles, the trade unions remained resilient and continued to play a vital role in the nationalist movement. They adapted their strategies to overcome the challenges posed by colonial repression, such as by forming alliances with nationalist political parties and other social movements. These alliances were crucial in sustaining the momentum of the independence movement, as they allowed for a coordinated approach to challenging colonial rule. The trade unions' ability to navigate the complex and often hostile political landscape of the colonial period was a testament to their strategic acumen and their deep commitment to the cause of independence (Ochieng', 1995).

Another challenge faced by the trade unions was internal divisions, which sometimes weakened their effectiveness. These divisions were often driven by differences in ideology, strategy, and leadership. For example, there were debates within the labour movement about the extent to which unions should focus on labour issues versus broader political goals. Some leaders argued that the primary focus should be on improving workers' conditions, while others believed that the unions should take a more active role in the nationalist struggle. These differences occasionally led to conflicts within the movement, but they also reflected the diversity of thought and approach within the trade union leadership (Ndegwa, 1997)

### **VIII. Summary**

The historiography of nationalism in colonial Kenya presents a comprehensive narrative of a multifaceted struggle that ultimately led to the country's independence in 1963. This struggle evolved through distinct yet interconnected phases, each contributing to the broader goal of self-determination. The initial phase of military resistance, though largely unsuccessful, laid the groundwork for future nationalist efforts by highlighting the harsh realities of colonial oppression and galvanizing support for the anti-colonial cause. As military efforts waned, the focus shifted to the formation of tribal political organizations, which, despite their ethnic limitations, played a crucial role in articulating the grievances of Kenyan communities and fostering early political engagement.

Cultural nationalism emerged as a response to the cultural erosion caused by colonial rule, with leaders like Jomo Kenyatta advocating for the revival of indigenous traditions and the promotion of African identity. This cultural renaissance was supported by educational and literary efforts that nurtured a growing sense of nationalist consciousness among the Kenyan people. The formation of political parties further advanced the cause, as these organizations provided a platform for more organized and strategic resistance, culminating in the armed struggles epitomized by the Mau Mau Uprising. This brutal yet impactful rebellion underscored the limitations of colonial rule and hastened the British government's decision to decolonize.

Trade unions also played a significant role in this complex historical process, particularly by mobilizing the urban working class and advocating for both labour rights and political reforms. Through strikes, demonstrations, and alliances with nationalist leaders, trade unions contributed to the growing momentum for independence and ensured that the voices of Kenya's workers were an integral part of the nationalist movement.

In conclusion, the various phases of Kenya's nationalist movement—military resistance, tribal political organizations, cultural nationalism, political parties, armed struggles, and trade unions—each played a vital role in the eventual achievement of independence. The resilience and determination of the Kenyan people, as reflected in these diverse forms of resistance, underscore the complexity of the anti-colonial struggle and provide valuable insights into the dynamics that shape the path to self-determination.

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